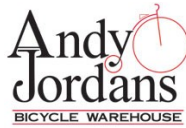


Tuesday, August 10, 2010 - 6 AM



Drawing exclusively for event participants - chance to win one of two \$500 gift certificates to area bike shops • Ride with Larry Frederick and hear his inspiring story • Help Larry meet his goal of 75,000 blood donations this summer • Breakfast & Goodies



LIFE ACROSS AMERICA IS COMING TO AUGUSTA! Larry Frederick, a former police officer, is alive today because of the kindness of more than 100 strangers. While on duty, August 21, 1982, Larry was severely injured when a DUI driver, speeding at 65 MPH, struck him as he was speaking to a stopped motorist. The outcome was a need for 110 units of blood and nine major surgeries to repair extensive injuries. In appreciation for those whose blood donations saved his life, and to encourage others to donate blood, Larry founded *Life Across America*, a bicycle ride and blood drive. This summer Larry and his daughter, Adella, are riding 3,850 miles in 52 days to promote the need for blood donations and to thank the blood donors throughout the U.S., Canada and the world. Larry's goal for 2010 is to recruit 75,000 blood donors.

The Ride starts at 6 AM. Participants will ride from Sheppard's Evans Center at 4329 Washington Road to Sheppard's Augusta Center at 1533 Wrightsboro Road via the canal trail. There will be traffic support and water along the way. Participants, well-wishers, and the curious are invited to enjoy a light breakfast and to hear brief comments from Larry and other key speakers. In addition, everyone will receive a goody bag and the winners will be announced to our drawings for gift certificates. There are three \$500 gift certificates from the bike shops. Two winners to the certificates will be drawn exclusively from ride participants and one winner will be drawn from all who entered for a chance to win at our centers during the month of July.

REGISTRATION FORM

Must be received by August 1, 2010. Please print clearly and complete ALL fields. One form per person.

FIRST NAME _____ LAST NAME _____ BIRTH DATE AGE ON AUGUST 10, 2010 _____
 STREET ADDRESS _____ CITY _____ STATE _____ ZIP _____
 EMAIL _____ PHONE NUMBER _____ Shirt size (Adult) M L XL 3XL
 EMERGENCY CONTACT— NAME AND TELEPHONE NUMBER (PLEASE PRINT) _____ PHONE _____

WAIVER: I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Sheppard Community Blood Center and its employees, medical staff and agents, sponsors, the Counties of Richmond and Columbia, Americas Blood Centers, Larry and Adele Frederick, and Life Across America, coordinating groups, and any individuals associated with the event and their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to participate in this event. I also hereby consent to and permit emergency treatment in the event of injury or illness. I further, hereby grant full permission to any and all of the foregoing to use my likeness in all media including photographs, recordings, or any other record of this event for any legitimate purpose.

PARTICIPANT SIGNATURE (PARENT OR GUARDIAN'S SIGNATURE IF PARTICIPANT IS UNDER AGE 18) _____ DATE _____

PRINT PARENT/NAME _____

Registration Fee—No Registration Fee! Participants are asked to donate blood to help Larry Frederick reach his goal of 75,000 blood donations this summer.

Please donate with Sheppard between July 1st and July 31st at one of the following Sheppard Community Blood Centers:

I have donated or attempted to donate blood at a Sheppard Blood Center. The following person has donated on my behalf: _____

AUGUSTA CENTER - 1533 Wrightsboro RD
 MON-FRI 9-6 (706) 737-4551

EVANS CENTER - 4329 Washington RD, Evans
 MON-FRI 8-6, SAT 10-3, SUN 12 - 5 (706) 854-1582

AIKEN CENTER - 353 Fabian DR
 MON-FRI 10 - 6 , SAT 10 - 3 (803) 643-7996

Drop off completed form at one of our centers or mail to: Sheppard Community Blood Center, 1533 Wrightsboro Road, Augusta, GA 30904